



Expanding Reiki Education Through Accredited Continuing Education Across Six Healthcare and Wellness Professions

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Objective: This presentation examines an innovative model for integrating professional continuing education into Reiki training across six licensed and/or credentialed professions: Acupuncture and herbal medicine practitioners, birth doulas, massage therapists, nurses, physical therapists, and yoga teachers. The objective is to demonstrate how a Reiki teaching center can serve as an interdisciplinary educational bridge between the Complementary and Alternative Medicine (CAM) healing practice of Reiki and established professional development frameworks.

Methods: The presentation will review the development, approval, and implementation processes used by The Reiki Healing Center of NJ to become an approved continuing education provider for six professional organizations and licensing bodies. The presentation will include accreditation standards for each professional organization, strategies for curriculum development, the application process, and adapting Reiki education to meet profession-specific scopes of practice and learner needs.

Results: This multi-disciplinary continuing education model has expanded access to Reiki training among healthcare and wellness professionals while increasing professional credibility, educational reach, and interdisciplinary collaboration. The approach has also created new opportunities for practitioners to integrate Reiki-informed practices into client-centered care, stress reduction and self-care, wellness support, and holistic practice environments.

Conclusions: Accredited continuing education offers a unique and scalable pathway for advancing Reiki education within professional communities. By aligning Reiki training with recognized educational standards, Reiki teaching centers can strengthen legitimacy, foster cross-disciplinary engagement, and support broader integration of Reiki within healthcare and wellness settings.